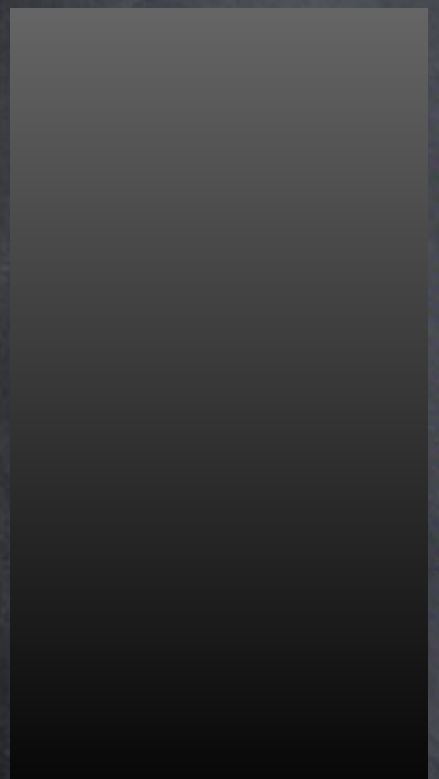
Prevention of Slips, Trips and Falls

Weatherford Kuwait QHSE, August 2019

Session Objectives

- Recognize slips, trips, and falls as a serious safety problem
- Identify slip, trip, and fall hazards on the job
- Avoid or eliminate slip, trip, and fall hazards
- Prevent falls from heights and on stairs
- Prevent falls at work, outdoors, and at home
- Minimize injuries if you do fall

Prequiz:
How Much Do You Know?



Slip, trip, and fall accidents are uncommon in the workplace.

Some slip, trip, and fall accidents can cause serious injuries.

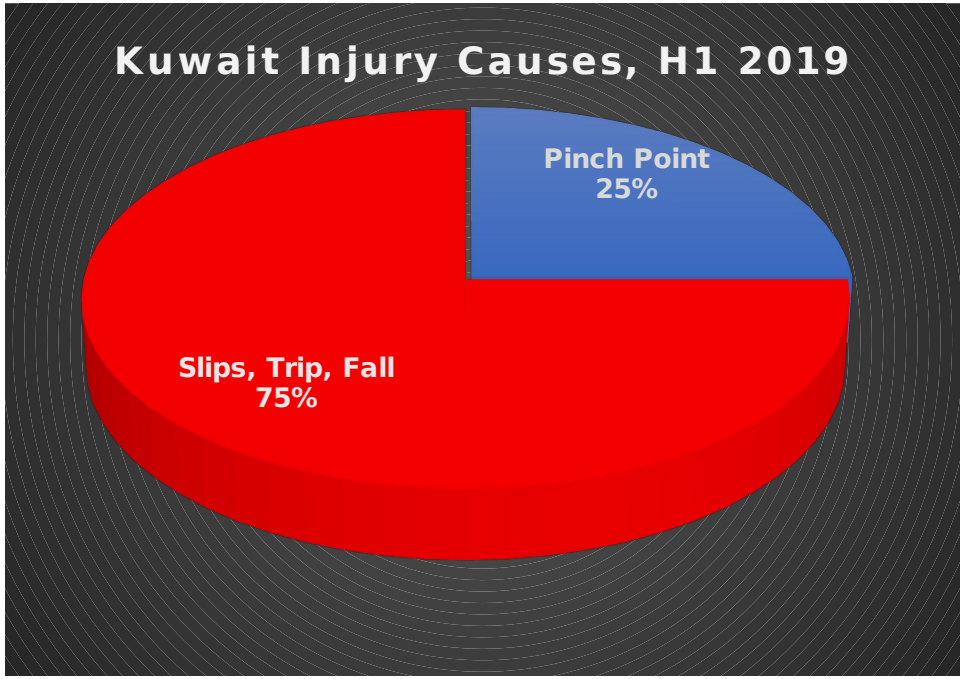
There's little you can do on the job to prevent slips, trips, and falls except watch where you're going.

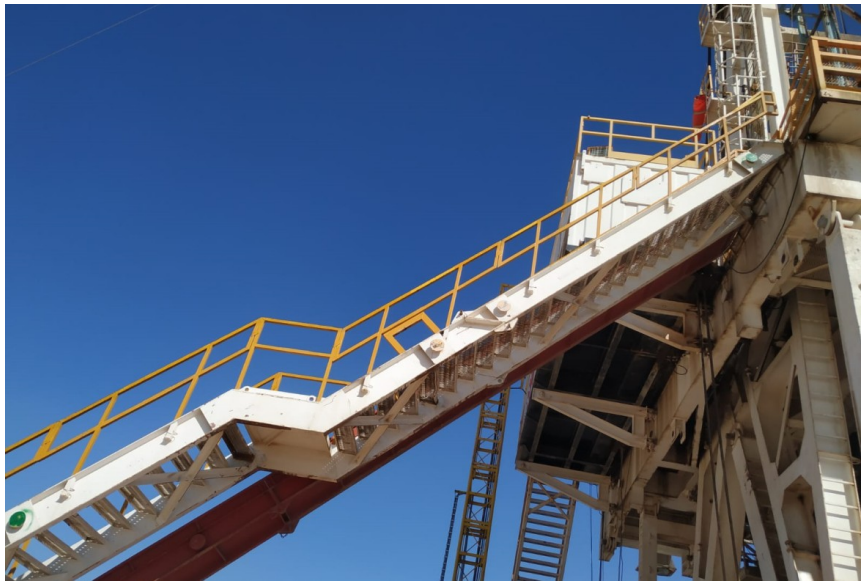
You should look for slip, trip, and fall hazards around your home as well as at work.

Injury Statistics

In the United States

- More than 230,000 workers injured
- Highest injury rate of any regulated activity
- More than 800 deaths


Kuwait Injury Causes, H1 2019
Pinch Point
25%
Slips, Trip, Fall
75%



Common Slip, Trip, And Fall Hazards

- Inadequate housekeeping
- Poor visibility
- Inattention
- Running
- Spills

Common Slip, Trip, And Fall Hazards (cont.)

- Clutter
- Open drawers
- Flooring
- Wet or slippery surfaces
- Handrails
- Ladders

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Common Slip, Trip, And Fall Hazards (cont.)

- Clutter
- Open drawers
- Flooring
- Wet or slippery surfaces
- Handrails
- Ladders
- Shoes

Eliminate Trip And Fall Hazards

- Practice good housekeeping
- Step over obstructions
- Walk slowly
- Watch for changes in flooring
- Be sure lighting is adequate

Eliminate Trip And Fall Hazards (cont.)

DON'T!

- Leave materials on floor
- Block walkways
- Place anything on stairs
- Leave drawers open

Prevent Slips and Falls
Spills
Warnings
Mats
Shoes
Wet surfaces
Icy spots
CAUTION
WET
FLOOR

More Ways to Prevent Slips, Trips, and Falls

- Use common sense
- Adjust your stride
- Make wide turns
- Don’t block your vision

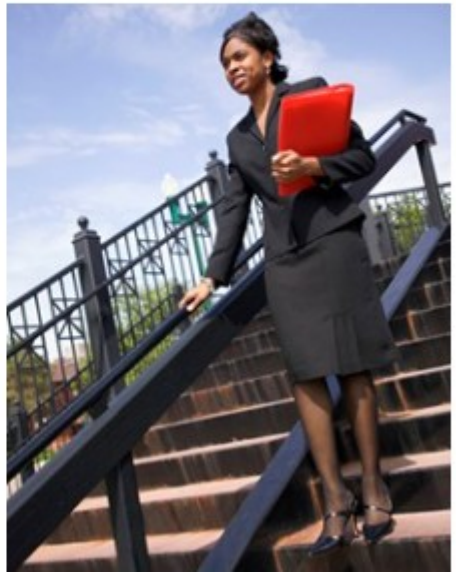
Review

Do you understand:

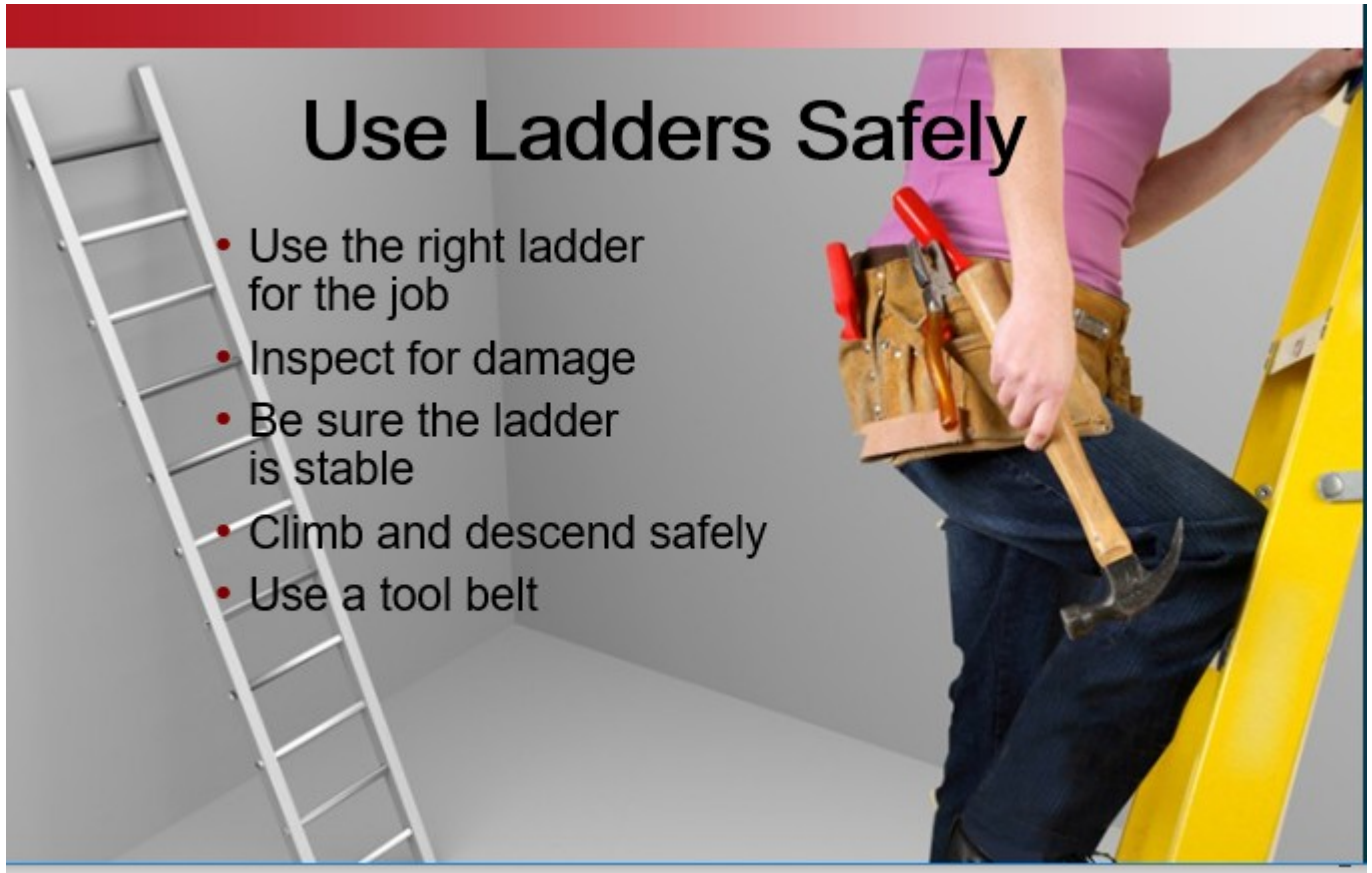
- Types of fall injuries?
- Common slip, trip, and fall hazards?
- How to eliminate trip and fall hazards?
- How to prevent slips and falls?

Be Careful on Stairs

- Hold handrails
- Don’t run
- Inspect for slippery surfaces or damage
- Don’t put objects on stairs
- Keep one hand free

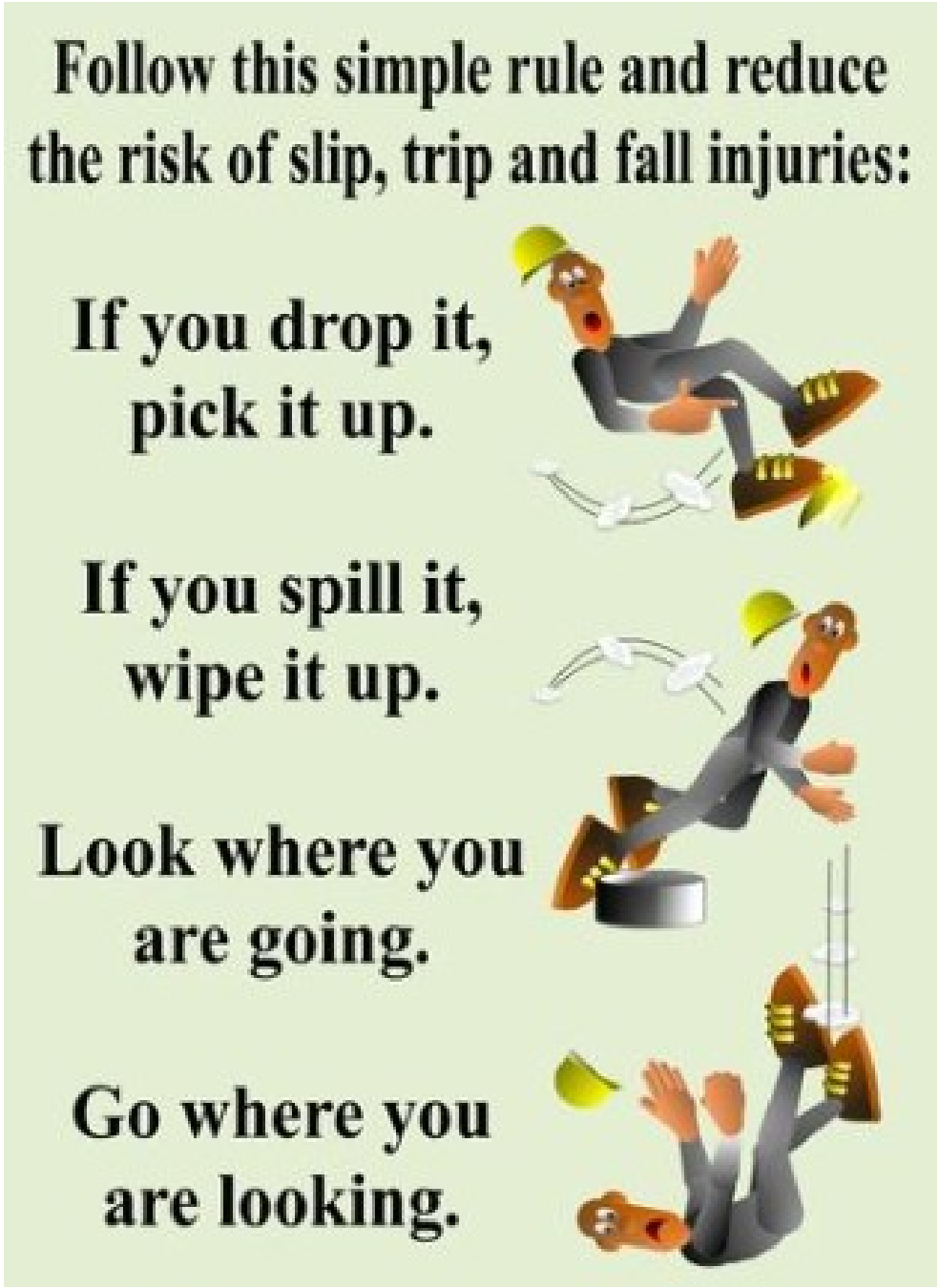


Remember to maintain 3 point contacts !


Use Ladders Safely
Use the right ladder for the job
Inspect for damage
Be sure the ladder is stable
Climb and descend safely
Use a tool belt

Video

Follow the Simple Rules


Follow this simple rule and reduce the risk of slip, trip and fall injuries:
If you drop it, pick it up.
If you spill it, wipe it up.
Look where you are going.
Go where you are looking.